



**You are invited to explore a day of Attunement  
that will radically enhance your state of  
Wellbeing.**

## **INTRODUCTION TO ATTUNEMENT**

**We will present and explore:**

- An energy medicine practice that opens up gateways for renewal through the endocrine glands.
- A daily consciousness practice to vitalise personal wellbeing and empowerment.
- Tools principles and practices to transform stress, build healthy relationship with self and others and bring healing to your world.
- Opportunity for further training leading to certification as an Attunement Practitioner.

**9am - 5pm, Saturday 29th February**

R650pp - (R900 if you bring a friend at R450 each)

Student rates by arrangement.

For further information contact:

Howard at [howard@edl.co.za](mailto:howard@edl.co.za) Or call 082 415 0255

**To register contact Ellinor:**

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**GATE HOUSE**  
AN EMISSARY CENTRE